

EARLY DETECTION

DISCUSSION GUIDE



When it comes to lung cancer, the best defence is a good offence

If you think you're at risk for lung cancer, **don't wait to TAKE ACTION!** Speak to your doctor.

- Am I at risk for lung cancer?
- Will I need to do any tests to see if I have lung cancer?
- What are the tests, and how do I prepare?
- How often should I be tested?
- Will I need to see any other doctors?
- Is there anything I can do to manage my symptom(s)?
- Are there any changes I can make to my lifestyle to be more healthy?
- What should I "watch out" for?
- How can I lower my risk of cancer?
- Where can I find help to quit smoking?
- Where can I get support from other people who have gone through this?

